

Requirements for Girls Ages 12 – 14

Complete 12 of the 14 requirements to earn the **Girl Scouts Fighting Drug Abuse** patch from the Utah Drug Enforcement Administration and the Utah Attorney General's Office.

1. Visit the Utah Attorney General's website at <http://www.attorneygeneral.utah.gov/safetyquiz.html> and take the on-line internet safety quiz.
2. Visit the Drug Enforcement Administration website at <http://www.justthinktwice.com/> and visit the D.A.R.E. Kids-Only page at http://www.dare.com/kids/index_3.htm.
3. On the D.A.R.E. Kids-Only web page click: *Play This* and create a coloring page. Print the page and write your own anti-drug statement on the page.
4. While on the D.A.R.E. Kids page, create a coupon that states your pledge to stay off drugs. Give this pledge to the person you designed it for. If you need a suggestion, create your coupon for your Girl Scout Troop Leader.
5. Create a poster and print it with your personal anti-drug message. Hang the poster in your bedroom or other room in house, classroom, or community center (with permission). You can be creative and design your very own poster or use the D.A.R.E. Kids Page for help in making your poster on-line.
6. Click your computer mouse on the *D.A.R.E. to Share* section and do two of the four options: word search, crossword puzzle, decoding mystery, or word puzzle.
7. Click one of the following five articles and be prepared to answer questions on your patch program quiz.
 - a. [Listen Don't Lecture, To Get Through To Your Kids](#)
 - b. [Ecstasy: A Growing Menace](#)
 - c. [Making Clear Rules About Drugs](#)
 - d. [Making Good Decisions](#)
 - e. [Family: A Child's Anti-Drug](#)
8. Visit www.drugfreeamerica.org. Read, learn and print information about the following three illegal drugs: Marijuana, Ecstasy, and Prescription Stimulants. Select one other drug from the list and learn about it. List what the drug is, street names, what it looks like, how it's used and what are the effects of using these drugs.
9. Do some on-line research. Find your local police agency's web site. Find out if you have a D.A.R.E. officer at your school, learn where to find the closest police officer who serves your neighborhood by visiting their web site or going to the police station directly to meet with the officers there.
10. Read page 96 and 97 of the Junior Girl Scout Handbook and read *about "Making Decisions"*. Have some fun with the story mazes on pages 98 and 99. This will help you notice what choices you make and what the consequences are.
11. Use the information on page 100 of the Junior Girl Scout Handbook to make a list of why you should say "no" to using harmful substances like tobacco, alcohol, and marijuana.

12. Popular media often show teenagers using drugs, alcohol, or tobacco. Watch three of your favorite TV shows or movies. Count how many references are made to these substances. Make a note if the show is promoting a drug-free message or making these substances look “cool”. Send an email to the producers of one of the shows you’ve watched. Congratulate them if negative consequences are portrayed, or tell them to “get with the program” if the movie or TV show made drug use look glamorous or attractive. (this completes one of the requirements for the Junior Girl Scout *High On Life* badge found on page 64 of the Junior Girl Scout Badge Book.
13. Your anti-drug is anything that is more important to you than using drugs. Determine your personal anti-drug by reading the “straight scoop” on page 14 of the new Studio 2B Collection book for girls ages 11-13. (this book can be purchased at any Girl Scout Shop in Utah or a copy is available for free check-out in your Girl Scout Service Unit or Girl Scout Shop.
14. Sign the “drug-free” pledge and find five friends or classmates to sign it with you.